

KINGUSSIE HIGH SCHOOL



March Newsletter



March 2010

As I write this I am thinking, "I hate snow!" I know it can look wonderful. I know it is great for skiing BUT it has upset the working of the school so much that I am negative rather than positive about it.

Despite the weather, the school soldiers on. The past few weeks have seen successful Parents' Evenings, a very successful Food on Film festival (500+ attended), a play about Cyberbullying for S2, Construction Industry input for S4 and much more. The "much more" includes two assemblies looking at our values: "Be Healthy" had Mr Dillon highlight the importance of not just physical health but also emotional and mental health; "Be Hardworking" had former pupil Ewan Thain speak about how hard work is paying off for him in the years since school.

A busy school! For our senior pupils time is flying by to the final exams and pressure is on to meet deadlines with folios and the like. Please support your daughters and sons at this time. Remember I am happy to be contacted at the school.

Please note in your diary that there will be an extra In-Service Day on 7th June this year.

Included with this newsletter is a pamphlet from the Scottish Government about Curriculum for Excellence. This is an educational development which will affect all pupils in the years to come. We will provide more school specific detail in the months to come.

John G Tracey
Head Teacher

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S4 PSE

At this time of year S4 are making important decisions as they reach school leaving age. Most young people decide to remain at school and choose subjects at Higher/Intermediate 2/Intermediate 1 level as appropriate. Careers research is an important part of the decision making and we have been exploring a variety of web-sites (listed below) in school to find out possible career matches for our interests and abilities. We also welcomed



William Skinner from Construction Skills into school to give a presentation about jobs within construction. It was interesting to note that there are careers within construction at all levels and for women as well as men. Some jobs were accessed through the apprenticeship scheme such as joinery, shop-fitting and tiling, while others require degree entry such as Engineering and Surveying. More information available on the following websites:

www.careers-scotland.org.uk

www.planetplus.net

www.ltscotland.org.uk/virtualwork experience

www.ucas.com

www.prospect.com

OR contact Gillian Clark or Kevin Guthrie in school

ECO-NEWS

Last week (19th February), Eco Club members braved sub-zero temperatures at lunchtime to assemble 2 new composters which have been loaned to the school as part of the Compost Doctors scheme run by CRNS (Community Recycling Network Scotland). Jane Smith – our local Compost Doctor – and Sarah Lagdon from CRNS brought the equipment in kit form and helped the pupils put it together by the Polytunnel. They also brought 3 compost caddies that will be placed around the school to collect the vegetable waste from lunches and lessons. This is part of our efforts to recycle as

much of our rubbish as possible, rather than send it to the tip. When the compost is ready, it can be used to grow our own herbs and vegetables.



Rachel, Marcus and James helping Mrs Thomas to put the "hot box" together

SENIOR SCHOOL OPTIONS PARENTS' INFORMATION EVENING

Despite low temperatures and the threat of more snow, there was a good turn out of parents and pupils at the Information Evening. There were presentations on:

- the structure of the exam system
- the subjects on offer in the options columns
- the support available to pupils in school
- the part Careers Scotland plays in the process

These were followed by a Question and Answer session. Parents expressed appreciation for the event. A similar event was held for parents of pupils in S2 who are presently coming to the end of their option choice process.

DATES FOR YOUR DIARY

MARCH

Wednesday 10

Monday 15

Friday 19

Friday 26

S5/6 Parents' Meeting

Music Festival all week

Music Festival Concert

School closes for Easter break

APRIL

Monday 12

Thursday 15

Thursday 22

Friday 23

Monday 26

New term

S3 exams begin

Standard Grade Art Practical

S4 Study Leave begins at 3.30pm (ie pupils in school all day)

SQA Exam week 1

WELL DONE ROMA!

Roma McCook recently received a collection of prizes for her successful entry to the Viridor 'Recycling for Scotland' Christmas Card Competition.



SENIOR BIOLOGY TRIP TO KINCRAIG WILDLIFE PARK by Megan Rugar Gilliatt

On 22nd January, members of the Higher and Advanced Higher Biology class, along with Miss Hashmi and Mr Randall, went on a trip to the Highland Wildlife Park in Kincaig. First, the Education Officer Jasper Hughes joined our bus to give us a detailed drive-through of the park. He told us about all the animals, where they originate from, how they live, their behaviour and what they eat. As we were going round he also showed us some real animal furs, horns and antlers which were really interesting to feel and see close up. Learning about all the different animals on the tour was really great and it was much more interesting to see them live rather than just reading about them in a book.



After the tour, Jasper gave us a talk on Darwin, evolution and natural selection which was very informative and good revision of the Higher course. He then set us the task of working in groups to find out about the beneficial physical features of

four animals of our choice. This was a really good opportunity to see the animals which we didn't see on the bus tour like the Amur tigers, snow monkeys, arctic foxes, red pandas and Scottish wildcats. Some of us even managed to snap a photo of the recently arrived Mercedes, the polar bear.

Once we had talked over our discoveries with Jasper it was time to go back to school. Everyone really enjoyed the trip as we all learnt something and got to see animals that you normally only see on TV close up.

NATIONAL RECOGNITION FOR KHS PUPILS

We have just learned that two pupils at KHS who are members of the Cairngorm Biathlon and Nordic Ski Club have been selected to join the British Biathlon Union's Great Britain Development Squad this year. Scott Dixon and Calum Irvine produced outstanding results at the recent GB Biathlon Championships in Germany and have rightly been recognised for their achievements which certainly astonished many who were there but were well merited. It is not clear as yet if the boys will be able to attend all of the training as some of it clearly falls within an important time for exams but is nevertheless a unique and superb achievement to have their potential recognised at such a young age. It will also certainly give a huge boost to the next up-coming group of younger Biathletes, mostly now in the 13-14 age range who are also showing real signs of being able to attain similar levels of success in just a couple of years time.

CRAICERS!

Kingussie High School is well represented in the various Highland Youth Groups including 'snas'. 'Snas and Còisir G are two of the seven Regional Music Groups provided by Highland Council's Instrumental Tuition Service. Members are drawn from all corners of Highland and have been chosen after audition. Both groups have already made a positive impact on Highland's Music scene and their debut CD *Craicers* is a testament to their talents and hard work. Should you wish to purchase a copy of 'Craicers' this is available for £10 - please contact Angeline.walker@highland.gov.uk

Highland Council uses drama to help avoid cyber bullying crisis

A new play being toured in Highland secondary schools aims to teach pupils how to use the internet responsibly and avoid cyber bullying. "The Cyber Room" presented by Eden Court Theatre's Arts Education Department with The Highland Council started on 22nd February in Kingussie High School and Grantown Grammar and will tour other Highland secondary schools until 12th March. The plot of the play has four 15 year-olds meeting in an internet chat-room. What brings them there? Are they all who they say they are? Is the room really what it appears to be? Is someone trying to manipulate the encounter?

This 50-minute play, with post-show discussion, deals with: internet safety and young people; bullying, identity, responsibility and friendship in an internet setting. The key messages that the play aims to convey are: the importance of using the internet responsibly; to encourage pupils to think more carefully about who they are talking to online; and to know where they can report someone whose behaviour online is causing them concern.

Councillor Bill Fernie, Chairman of The Highland Council's ECS committee said: "Raising awareness of cyber bullying in a non-threatening way through drama is a very commendable approach at getting the message across to young people. I am delighted that this work is being delivered through our Arts Links Officer, Lynn Johnson and Health Promoting Schools Manager, Louise Jones who is also supporting other initiatives and Cyber bullying Guidance that we introduced to staff at the end of last year."



We join in a special Mary's Meals Day in Fort William

More and more schools are supporting the Mary's Meals feeding and Backpacks projects, which are helping children in some of the poorest parts of the world. The recent tragedy in Haiti, where Mary's Meals was already feeding 12,000 children every day, in the slums, has put Mary's Meals in the forefront of immediate practical help for the area. Achintore Primary School in Fort William organised a Mary's Meals day on 19th February. This was part of their project to raise awareness of the importance of looking after our world. They concentrated on the charity's role in Africa, and learning more about the African continent. Throughout the day, groups of mixed age and ability took part in practical learning experiences. Amongst many activities, they prepared and tasted Malawian food, created animal hides using varieties of media, and made African pots.

The Primary School invited Kingussie High School pupils to tell them about their experiences of supporting Mary's Meals. Kingussie High School was one of the first schools to support Mary's Meals in its early days. Kingussie pupils, Rona Strivens (S1), Lauren Hendry (S4), Karen Macrae (S4) and Kirsty Turnbull (S5) gave a presentation at the Primary School's Assembly and joined in the day of activities.

They also took part in filling backpacks. Achintore Primary hopes to assemble 80 packs in their first venture, which will be a great achievement. Everyone enjoyed seeing "The Story of a Backpack" which shows all the stages from collecting the contents to the jubilant faces of the recipients in Malawi.

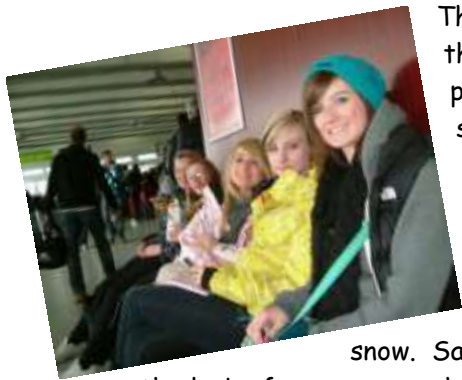
And what did the girls think?

"I really enjoyed going to the Primary School at Fort William. It was good to mix with different age groups. Giving a talk to all the children and their teachers at the Assembly has given me more confidence. All the children and teachers made us feel really welcome." says Lauren.

Rona added *"This was my first talk at another school. I enjoyed watching the children take part in all the African activities. I hope I get the chance to go to another school. It was good fun. The little ones (the Neehi Tribe) really liked having us there."*

Kirsty said *"Of all the school visits in which I have taken part, this has to be my favourite. We got the chance to play outside in the snow at lunchtime and I really enjoyed helping the little ones with their times tables."*

SKI TRIP 2010



The School's Annual Ski trip has once again returned from the glorious Alps - this year we were in Alpe d'Huez which has previously featured quite prominently on the TV due to the Winter Olympics. Unfortunately only 5 students from KHS undertook the responsibility to represent the school but what a wonderful group of young ladies they were. Mr Wink still comments on their impeccable behaviour and attitude which only echoes those from the hotel staff and the ski instructors that were a part of their lives for six days. It was cold, very cold but

that only assisted the quality of the snow. Sally "powder hound" Devlin commented on the lack of power snow she experienced last year in Les Menuieres but was enjoying herself just the same. Maisy "amazing" Thompson was seen shredding her way down the ski cross course as seen on ski Sunday while "graceful" Grace Sutherland was working hard on her off-piste technique. Meanwhile, the other two in the top group, Rhona "cruising" Convery and Shona "impeccable" Irvine, were debating the finer merits of skiing the longest run in the world at 16km in length at breakneck speeds. A couple of the days were overcast but with the resort being one of the highest in the Alps it was possible to board a chairlift and climb above the clouds to enjoy the brilliant sunshine. What with all the organised activities for us to do during the evenings it was a fun packed week and we were glad of the Monday holiday allowing us to recover a bit after the energetic time we had. We hear the trip is returning for 2011. Looking forward to seeing you there, woo hoo!!!

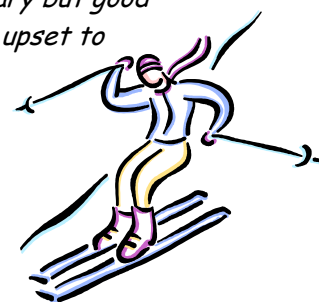


Sally writes: "The Ski Trip 2010 was amazing! On the first day we had our early morning start for the plane.

When we arrived in Grenoble we had to take the scary coach trip up the Alpe D'Huez road! When we got there we were all so tired in the evening we were told all the information we needed for the trip. The first day of skiing was great - we got to know all the people in our group and were shown around the mountain. On Monday night we had the quiz - the best bit was the music quiz. Tuesday wasn't a great day weather-wise but still full of fun. Wednesday was quite sunny and was the first day of free skiing for groups 1 and 2. On Wednesday night we were bumboarding with Millburn which was great fun. Thursday was a really cold day but still good - my group got to do the ski cross which was really good. Thursday night was Bingo. No-one from Kingussie won a prize unfortunately! Friday was sunny again and I was freeskiing with some friends to make the most of it. Apres-ski on Friday was when we got our ski awards and the instructors were piped in by Calum. We then had the disco which was amazing, even the teachers were caught dancing. Saturday was the last skiing day unfortunately but was really sunny which was a great way to end the week. We had the ceilidh on Saturday night which we ended with the trip song "Don't Stop Believeing".

Grace adds: "We left at 4am for Inverness airport on the way to Alpe D'Huez. We arrived at Grenoble and tried to not puke at the 26 hairpin bends on the way to the Belle Aurore hotel. The hotel staff were fantastic and seemed happy to put up with 110 noisy teenagers packed into surprisingly nice rooms. The weather was nearly always perfect for skiing except for Thursday when it was -15 with a -35 wind chill so skiing that day was a bit like skiing in a blizzard. With only 5 pupils from Kingussie we made lots of friends and had a great laugh. Mr Wink did manage to get his groove on at the disco but we forgave him, he and all the staff tried to have as much fun as us. The ski trip was a great experience that we all enjoyed and I would recommend it to anyone."

And Maisy says: "The trip was even better than we thought it would be. At first it was scary but good fun and every day it got better - I even skied down the longest black run in Europe. I was upset to leave Alpe D'Huez but didn't cry until I was back home. We shared the bus back with Millburn which was good as we had made a lot of friends from there. The memories are amazing and I recommend it to everyone."



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FOOD ON FILM FESTIVAL



On 5th and 6th February the third Kingussie Food on Film Festival took place in the school. This is an annual celebration of both food and film, hosted by Kingussie High School, which is building each year into a unique event. There are few schools which can boast of holding a festival about food or a festival about film, let alone a Food on Film Festival. This event is a major partnership between Lydie Bocquillon of the Auld Alliance, Helen Graham from A.S. & H.E Graham Ltd and the School.



On the Friday Night the school hosted its very own glamorous and exciting Oscar Night, the award ceremony and premier screening of all the films which had been entered for the prize of Best Highland Youth Award for Short Food Films by schools from across Highland Region. Kingussie High School put forward four films.

Huw Mitchell in S2 presented his own animated film, 'Bite at the Movies', a short animation about a boy going to the movies, eating popcorn and falling asleep. His voice-overs added extra punch to the script. This film won the Best Animation category.

Rosie McIntosh, Isla Baxter and Jessie McFadyen of S3 presented a film called, "The Power of Porridge" which included footage shot by Mrs Duthie in Malawi and used as a backdrop to our Porridge Assembly day in November. Their film showed KHS pupils participating in the Mary's Meals assembly-event at which they ate porridge and made a small donation to the charity. Its aim was to help us understand about how little some pupils in Africa have to survive on. The film laced wonderful footage of the Malawian pupils singing with some hard hitting facts about the lives of pupils there.



Morgan Evans, Craig Campbell and Jordan Adams of S6 wrote, performed, filmed and edited their interesting and often hilarious detective genre feature, 'Food litter'. This was a comedy based on how much food litter is abandoned in and around schools. This film, like all the others, took much hard work and many weeks to produce. Other S6 pupils played supporting roles. It won Best Drama on the night.

An interesting diary-like film by Fortrose Academy shot by pupils on a trip to visit an indigenous community in Northern Canada, won Best Documentary.



S3 pupils Lewis Falconer and Duncan Rossi produced, edited and acted in their film 'Now Casting', the story of a boy, (played with panache by Lewis), who would rather catch his own lunch from the River Tromie than eat Fish Fingers. The boys managed to secure the kind permission of Iain MacLeod of Shoogleniffy, to use his song, Whisky Kiss, as the backing track for the film. The boys cleverly used the musical note changes of the tune to emphasise the action of their story. This beautifully shot film won the Oscar for Best Film on the night. The 'Oscar' itself was designed by Calvin Wylie, a former pupil from two years ago. This was designed in Inventor and the 3D model was manufactured by Rainnea in Drumnadrochit.

The evening was presented by our own Morgan Evans and Amy Conboy after the initial welcome and introduction by BBC's Craig Anderson, a patron of the festival.

The hall had been beautifully decorated on the Friday by The Decoration Team, a group of enthusiastic and hard working S4 girls plus Mrs Rossi, with the fantastic help and skill of professional stylist and events manager Louise Wylie of "Pure Wylie". Black and pink drapes adorned the hall and the tables, floating candles and glitter, fresh flowers and lush satin bows all helped add to the glitzy ambience of the evening. A



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wonderful star-curtain was provided for the night by Hilton Coylumbridge, with tables and chairs kindly loaned by the Duke of Gordon Hotel.

KHS had its very own paparazzi on hand to capture the arrival of film industry judges, film-makers and guests. (This resulted in some guests entering and leaving several times, just to get their photo taken again). The official photographer on the night was Fergus Thom from Carrbridge Films and Grantown Grammar School who was last year's overall winner. Go to KHS Food on Film website to see both films and photos of the night.



To give the judges a chance to deliberate two bands entertained the audience. "Disengaged" from Grantown Grammar and "Manymore" from Kingussie High played several numbers each to entertain the numerous guests present at the event. Sparking wine, juice, tasty nibbles and even a Chocolate Fountain were enjoyed by guests.



The school is very grateful to the following sponsors who helped make the Food on Festival such a successful and enjoyable event:

Russwood; Eden Court Theatre; Carrbridge Films; the Cooperative; Auld Alliance; Rainnea; Kingussie Business Forum; Pure Wylie; Plexus Media; Wild Thinking; Hilton Coylumbridge; Trading Post; Country Harvest; Duke of Gordon Hotel and Northern Marquees.

GREENPOWER CHALLENGE



Last year the school took part in the Greenpower Challenge. This is an Electric Vehicle endurance event held in Alford at the motor museum. Our first attempt last year brought us in a creditable ninth place, but not good enough to make it to the UK finals at Glorious Goodwood. We have been successful this year in gaining funding from Cairngorm LAG and this will allow us to build another more ambitious car.

The Old car, the Silver Streak, was sponsored by Rio Tinto Alcan in Fort William, but this new vehicle will bear the Cairngorm National Park brand. The club has started by modifying the old car while we await the arrival of the new parts. This year we are to be assisted by John Moyce from SHM Communications. John will provide the technical skills to data log the car as it races along. We hope to be able to monitor the car for speed and power usage as it travels along, much like the F1 cars, although probably a lot slower. With the use of new equipment and a Laptop computer, we should be able to assist the driver in travelling further. There are very few weeks left to complete the new car by the June deadline, but this year we have quite a few new members and are very hopeful.



RAPMAN

The school has been very fortunate to receive funding from the Royal Society for a 3D printer. This is a machine which creates solid models from designs the pupils have drawn on the computer. It would be possible for the Higher class, who have drawn Lego men as part of their graphic presentation to have their 3D models printed out in solid plastic. Mr Stewart attended an event in Glasgow as initial training for this project. As the Society are attempting to encourage girls in to engineering this project will go ahead with third year girls in the Standard Grade Graphic Communication class under the lead of Mr Wink.



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BBC SCHOOL REPORT



As per last year, we hope to take part in the BBC School Report on March 11th. This is when we put together a news programme and get it online on the day. The deadline is 2pm for the day so we are sure we can manage it again. The pupils have been working on producing news programmes for the last few weeks as part of their Curriculum for Excellence project. They have produced short news items on subjects as diverse as the war in Afghanistan, Katie Price and even

celebrated the 100th Anniversary of the flushing toilet. If you have any good stories which you are aware will take place on the 11th, please contact the school as we might like to cover it. Last week Craig Anderson came in to the school and gave a very good talk to the pupils about how to write stories, present themselves and how timings are so very important. You should be able to see the link on the school website on the afternoon of 11th.

SPORT RELIEF



Sport Relief is approaching fast and Kingussie High School will be supporting this Charity during the week of 15th March. Various events are planned for both pupils and teachers and the week will start

with a promotional video in the games hall outlining the aims of Sport Relief, the theme, rising to the challenge and how such support can help change lives.

Some of the events during the week are:

Most press ups achieved in 1 minute
Score in Shooting the Hoop for 30 seconds
Who can hold the plank the longest
Who can achieve the most 'keepie uppies'
Spin pass challenge and so on

Senior pupils will assist the PE department with these events and pupils and teachers will pay to participate. Scores will be displayed regularly to give a competitive edge and encourage others to take up the challenge and try to beat the last high score!

There will also be a Staff v Pupils Dodgeball game and a 'Sport Relief Mile' on the final day. Participants are invited to compete against Mr Wilson in the mile and Mr Tracey will also rise to the challenge by doing his Sport Relief Mile by bicycle.

Friday will also be 'Dress Down Day' with a sporting theme - £1 donation to take part.

CALLING ALL INTERESTED PUPILS

Open to all pupils

*Entry forms available through Registration teachers:
Mrs Mossman, Mrs Rimell or the School Office*

Have you filled in your

Entry Form for

The K Factor

Talent Competition

*Tuesday March 23rd 2010
7.30pm*

at Kingussie High School

*Calling: all singers, dancers, musicians, comedians, actors,
magicians.... ..whatever your talent*

THIS IS SHOWBIZ! WE NEED YOU!

*In aid of Mary's Meals Appeal And the Malawi Project
Fund*

There will be practice rooms at lunchtimes to help you
prepare

On the night you will be a star

HIGHLAND NORDIC AFTER SCHOOL CLUB

The club has enjoyed its first few sessions on snow and it was incredible to see how well everyone was able to use their roller ski skills on the white stuff. You would have thought they had been on snow for ages they were SO GOOD! There were even doing hill racing tucks, which was very brave when you consider how narrow the skis are. Shannon Ayres said "I REALLY ENJOYED IT, I LOVED IT WHEN I WENT DOWN HILL", Kailey Macwilliam said "I really enjoy highland nordic, its really fun, it's good exercise with friends and a great sport." If you want to come along on Wednesdays at 3.30pm at the High School you are very welcome.



HPV Immunisation for girls in S4 & S5 who are leaving school this year

There may be girls in S4 or S5 who have started a course of HPV immunisation, but are due to leave school at the end of May and have not been able to complete the course whilst at school. Girls should be reminded of the importance of completing the course (three doses), to ensure they are protected against the two types of virus that cause most cases of cervical cancer.

Girls registered with GPs outwith Inverness:

Girls should make an appointment at their GP practice to complete the course. The practice will be able to advise when the next doses are due, taking into account when the first/second doses were given.

Further information about HPV vaccine and preventing cervical cancer is available at: www.fightcervicalcancer.org.uk

What's new with the Ucan Club.....?

The Ucan Club continues to meet at lunchtimes (usually Tuesdays, Wednesdays and Thursdays) in Stanners Bank. A notice is put in the Monday circular to confirm the meetings for that week. We are always looking out for new members who bring along enthusiasm and new ideas. So why not encourage your son / daughter to come along and find out more?

What are we planning for the rest of this term?

★ The Ucan Club have organised another fund raiser to help Mary's Meals relief work in City Soleil, the capital of Haiti. They have put together a General Knowledge / Mary's Meals Quiz. Quiz sheets are available from many local businesses and organisations, and the School Office, at a cost of £1.

The lucky winner of the Quiz will receive a £30 cash prize with the runner-up winning chocolates and wine (or if under 18 a second prize of chocolates and more chocolates!). The Ucan Club hope parents and friends will support their initiative by purchasing and having a go at the Quiz. Entries need to be posted to the school by March 19th - so there is plenty of time to research the answers.

★ Club members are currently busy, working with the Malawi Group, to plan the annual 'K' Factor Talent Show. This will take place on Tuesday 23rd March in the School Hall.

Can your son/daughter sing, dance, play an instrument, play in a band, tell jokes, act or entertain? Then please encourage them to join in the Show. Meanwhile please put 23rd March in your diary. We can promise you an evening of fun and entertainment. We look forward to seeing you at the 'K' Factor Show.

ÙLPAN - a new way to learn Gaelic

Ùlpan Taster weekends at Drumnadrochit. Ùlpan is a word used for intensive language tuition for adults and is a fast and effective way to learn. The course runs on two consecutive weekends: 10/11 and 17/18 April. Closing date for bookings is 27th March. Please phone 01463 226 710 or contact ulpan@cli.org.uk or www.cli.org.uk.

MALAWI PROJECT NEWS



Winner of Malawi Treasure Hunt at Parents' Evening was the *Gatenby* family with number 60.

They take the Friday Night Treats - well done and thanks to everyone for their support.

10th March is the deadline for the Rivers of the World quiz. A cash prize of £10 for the correct answers winner chosen from all the correct quizzes.

Quiz available from any member of the Malawi Project Group or from the school.

"The Big Night Out"

COMEDY
&

AUCTION NIGHT

Kincraig Hall

20th March

7pm for 7.30pm start

£20 a ticket

from participants or school office.

Bar available



Get your ticket from the following people or from KHS

- *Sheena Duthie*: sheena.duthie@highland.gov.uk or KHS or 01540 661 858
- *Iain Mackintosh*: i.mackintosh@kingussiehigh.highland.sch.uk 01540 661 475
- *May Hobson*: may.hobson@kingussiehigh.highland.sch.uk 01540 661 475
- *Sue Mossman*: sue.mossman@kingussiehigh.highland.sch.uk or 01540661475
- *Jan Johnson*: jc.j5890@aol.com or 01540 670062
- *Dot Haggerty*: ampmglasgow@aol.com or 01479 811288
- *Alice Michie*: alicemichie60@tiscali.co.uk or 01540661535

SPONSOR US!

SPONSOR THE MALAWI PROJECT GROUP to climb Mount Mulanje (highest mountain in East Africa) on SUNDAY 25 APRIL

17 young people from Kingussie High School will climb the equivalent of the height of Mount Mulanje at Kingussie Crags.

Please sponsor the pupils or if you want to come and have a go (either as an individual or as a company/group) contact us a.s.a.p.



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ECO BAGS FOR SALE @ £3 EACH

As pictured: these are strong calico shoppers with shoulder straps

Available from the school office and Papershop Kingussie



☆ A BIG THANK YOU
to the Braeriach Hotel who have sponsored T-shirts for the Group



A JAMIE AT HOME PARTY

has been organised in school on

Thursday 22nd April at 7pm

Tickets are £3 each

from any member of the Malawi Project Group or at the school office

There will be a cookery demonstration and a chance to buy from new ranges of Jamie Oliver Cookware Refreshments will be included in the ticket price and the proceeds will go towards the fund raising for the Malawi 2010 Project and Kingussie High School Fund

INVERNESS COLLEGE VISIT

A visit has been arranged for Wednesday 17th March. The trip is open to anyone in senior school (S4-6) who is thinking of applying this year or next for College. It is not suitable or appropriate for anyone else. The college regard this visit as a model of good practice as unlike the Open Evenings, students will get a tour of the college, receive a presentation about college and funding, a visit to the department you are most interested in as well as lunch in the refectory to get a real feel for the college. Please see Mr Deans or Mrs Duthie ASAP if you are interested.

FOCUS ENVIRONMENT 2009 WINNERS

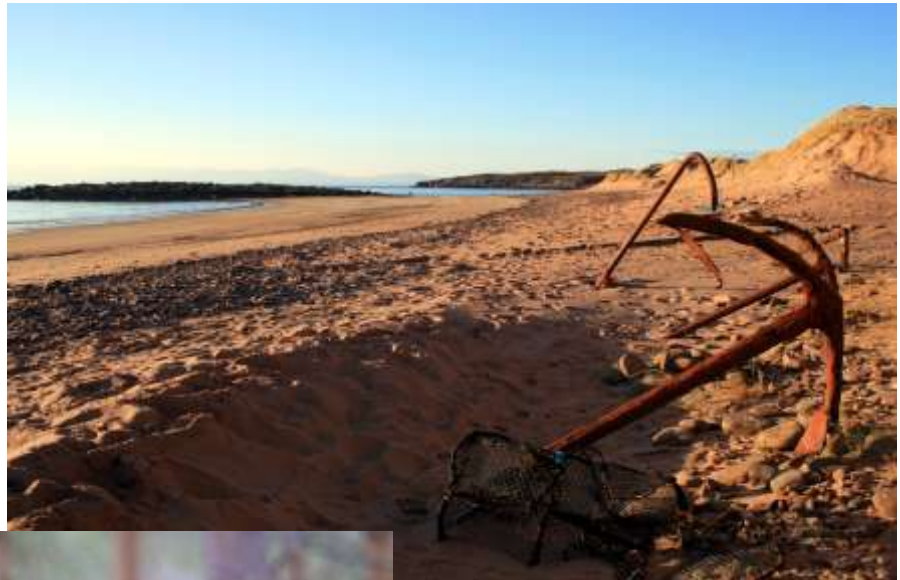


Kingussie High school pupils yet again acquitted themselves well in the recent photographic competition run by Chevron. The winning pupils were invited down to Dynamic Earth to receive their prizes on the 16th Dec. Sam Cairns was 2nd in the category "Wildlife and Habitats" with his photograph of a capercaillie, while Rona Strivens was also awarded 2nd prize in the category "My Environment" with a photograph of horses in Glen Tress. Paul Mossman and Karen Wotherspoon were commended for their photographs of "Ruthven Barracks in Winter" and "Anchors in the Sand" respectively. Special mention must go to Paul for his success over the years in this competition having achieved two firsts and three 'commendeds'. This is Paul`s last year at KHS but hopefully he

will continue taking photographs and enjoy a rewarding hobby

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